



#### **COVID-19 RESOURCE GUIDE: OHIO**

# **FINANCIAL**

- Unemployment
- Job Opportunities for Retail Workers
- In Demand Jobs During Pandemic
- Food, Cash and Medical Assistance
- Energy Assistance Programs Home Utilities
- Community Action Agencies
- Entrepreneurship and Business Assistance Centers
- Keep Americans Connected
- SBA Disaster Loans for Small Businesses
- Home Loans or Sole Proprietor Loans

#### **MULTIFAMILY RESOURCES**

- NMHC Emergency Preparedness Listserve Sign Up
- NMHC Advocacy During Coronavirus Pandemic
- Apartment Industry Committed to Supporting Residents Impated by COVID-19
- Rental Housing Industry Statement on the CARES
   Act

## **CORONAVIRUS TESTING**

- Cleveland Clinic
- University Hospitals
- MetroHealth
- Ohio Department of Health
- Local Health Districts
- Teladoc

## **WAYS TO HELP**

- Together Ohio Donations & Ways to Help
- Feeding America
- First Responders Children's Foundation

### **FOOD SERVICES**

- School Meals
- Supporting Whole-Child Nutrition
- Local Food Banks
- Every Grocery Store's Hours Right Now
- Amazon Fresh
- Instacart
- Peapod
- Target
- Walmart
- Walgreens
- CVS
- Shipt
- Food Delivery Services

# **GENERAL HEALTH & WELLNESS**

- Planet Fitness
- Gold's Gym
- Do Yoga with Me
- Coping with Stress, Fear and Uncertainty
- Find an Ohio State Park
- Ohio State Parks COVID-19 Checklist

#### **TEACHING & LEARNING**

- Free Learning Resources During School Closures
- The Virtual House Online Tutoring
- Tutor.com
- Free Online Tutoring Homework Help
- OverDrive Digital Library Access to Free Digital and Audio Books
- Virtual Exhibits for Online Learning
- Museum Computer Network Digital Exhibits
- Travel & Leisure Guide to Virtual MuseumTours